Antimicrobial and cytotoxic activity of fungal mycelial extracts from aquatic

environments in the Amazon

Atividade antimicrobiana e citotóxica de extratos miceliais de fungos de ambientes aquáticos da

Amazônia

Actividad antimicrobiana y citotóxica de extractos miceliales de hongos de ambientes acuáticos en

la Amazonía

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Abstract

Fungi are a prolific source of biologically active metabolites, including a wide range of clinically important drugs. Therefore, this study aims to evaluate the antimicrobial and cytotoxic activity of secondary metabolites extracted from fungal mycelia isolated from freshwater samples in the state of Amazonas. Mycelial extracts from 12 fungal were used, extracted with MeOH/AcOEt (1:1) according to the criteria established by Souza et al. (2004). For antimicrobial activity, the extracts were tested against the pathogens *Staphylococcus aureus, Escherichia coli, Pseudomonas aeruginosa, Enterococcus feacalis, Candida albicans* and *C. tropicalis*. To identify the minimum inhibitory dosage (MID) the microdilution method was used. To perform the cytotoxicity assay, the VERO strain (ATCC® CCL-81TM) was used. The assays were determined by the Alamar Blue method according to Ahmed *et al.* (1994). The tested extracts did not show antibacterial activity. Five extracts (41.7%), obtained from the fungi *Aspergillus* - 1283, *Chrysoporther* - 1169, *Diaporther* - 1203, *Fusarium* - 1085, and *Trichoderma*, showed antifungal activity against *C. albicans. Diaporther* extract (8.3%) - 1203 was active against *C. tropicalis*. In the cytotoxicity assay, 58.3% of the evaluated extracts showed no significant toxic effect. Five extracts, *Cladosporium* - 1135, *Chrysoporther* - 1169,

Cytospora - 1098, *Fusarium* - 1085, and *Talaromyces* - 1244, showed cytotoxic potential, exhibiting viability lower than 70%. The results obtained suggest that mycelial extracts of fungi isolated from water samples from the Amazon region have potential against yeasts of medical interest. Only two of the active extracts were revealed potentially cytotoxic.

Keywords: Antifungal activity; Cytotoxicity; Bioactive metabolites.

Resumo

Os fungos são uma fonte prolífica de metabólitos biologicamente ativos, incluindo uma ampla gama de drogas clinicamente importantes. Portanto, este estudo tem como objetivo avaliar a atividade antimicrobiana e citotóxica de metabólitos secundários extraídos de micélios fúngicos isolados de amostras de água doce do estado do Amazonas. Foram utilizados extratos miceliais de 12 fungos, extraídos com MeOH/ AcOEt (1:1) de acordo com os critérios estabelecidos por Souza et al. (2004). Para atividade antimicrobiana, os extratos foram testados contra os patógenos Staphylococcus aureus, Escherichia coli, Pseudomonas aeruginosa, Enterococcus feacalis, Candida albicans e C. tropicalis. Para identificar a dosagem inibitória mínima (MID) foi utilizado o método de microdiluição. Para a realização do ensaio de citotoxicidade, foi utilizada a cepa VERO (ATCC® CCL-81TM). Os ensaios foram determinados pelo método Alamar Blue de acordo com Ahmed et al. (1994). Os extratos testados não apresentaram atividade antibacteriana. Cinco extratos (41,7%), obtidos dos fungos Aspergillus - 1283, Chrysoporther - 1169, Diaporther - 1203, Fusarium - 1085 e Trichoderma, apresentaram atividade antifúngica contra C. albicans. O extrato de Diaporther (8,3%) - 1203 foi ativo contra C. tropicalis. No ensaio de citotoxicidade, 58,3% dos extratos avaliados não apresentaram efeito tóxico significativo e cinco extratos, Cladosporium - 1135, Chrysoporther - 1169, Cytospora - 1098, Fusarium - 1085 e Talaromyces - 1244, apresentaram potencial citotóxico exibindo viabilidade menor que 70%. Os resultados obtidos sugerem que extratos miceliais de fungos isolados de amostras de água da região amazônica apresentam potencial contra leveduras de interesse médico. Apenas dois dos extratos ativos foram potencialmente citotóxicos.

Palavras-chave: Atividade antifúngica; Citotoxicidade; Metabólitos bioativos.

Resumen

Los hongos son una fuente prolífica de metabolitos biológicamente activos, incluida una amplia gama de fármacos clínicamente importantes. Así, el objetivo de este estudio fue evaluar la actividad antimicrobiana y citotóxica de metabolitos secundários extraídos de micelios fúngicos aislados de muestras de agua en el estado de Amazonas. Se utilizaron extractos miceliales de 12 hongos, extraídos con MeOH/ AcOEt (1:1) según los criterios establecidos por Souza et al. (2004). En la prueba antimicrobiana, los extractos fueron evaluados frente a los patógenos Staphylococcus aureus, Escherichia coli, Pseudomonas aeruginosa, Enterococcus feacalis, Candida albicans y C. tropicalis. Para identificar la dosis mínima inhibitoria (MID) se utilizó el método de microdilución. Para realizar el ensayo de citotoxicidad se utilizó la cepa VERO (ATCC® CCL-81TM). Los ensayos se determinaron mediante el método Alamar Blue según Ahmed et al. (1994). Los extractos probados no mostraron actividad antibacteriana. Cinco (41,7%) extractos obtenidos de los hongos Aspergillus - 1283, Chrysoporther - 1169, Diaporther - 1203, Fusarium -1085 y Trichoderma, mostraron actividad antifúngica contra C. albicans y un extracto (8,3%) del hongo Diaporther -1203 fue activo contra C. tropicalis. En el ensayo de citotoxicidad, el 58,3% de los extractos evaluados no mostraron ningún efecto tóxico significativo y cinco extractos, Cladosporium - 1135, Chrysoporther - 1169, Cytospora - 1098, Fusarium - 1085 y Talaromyces - 1244, mostraron potencial citotóxico com una viabilidad inferior al 70%. Los resultados obtenidos sugieren que extractos miceliales de hongos aislados de muestras de agua de la región amazónica tienen potencial contra levaduras de interés médico. Solo dos de los extractos activos fueron potencialmente citotóxicos.

Palabras clave: Actividad antifúngica; Citotoxicidad; Metabolitos bioactivos.

1. Introduction

Antimicrobial resistance is a major public health problem worldwide and jeopardizes the effectiveness of preventing and treating an increasing number of infectious diseases caused by viruses, bacteria, fungi, and parasites according to the Pan American Health Organization (PAHO, 2020).

The need to control emerging diseases or resistant strains requires the constant search for new sources of antimicrobial compounds with new action mechanisms, not only for human use but also for use in livestock (Santos et al., 2015; Premjanu & Jaynthy, 2015). Antimicrobials are natural or synthetic compounds capable of inhibiting or killing microorganisms through specific interactions with their targets, regardless of the compound source or its class (Davies & Davies, 2010).

Currently, natural products and their derivatives are still the most important resources for new drugs discovery (Ayoub et al., 2014; Atanasov et al., 2021). Fungi are considered an important source of biologically active secondary

metabolites, including a wide variety of clinically important drugs (Hoeksma et al., 2019). Fungi have a chemical and biological rich diversity. Historically they have given rise to many new drugs and may hold the key to dealing with emerging antimicrobial resistances.

Fungi are excellent producers of hydrolytic enzymes, biofuels, organic acids, polysaccharides, and secondary metabolites, such as antibiotics, anticancer drugs, hypocholesterolemic agents, immunosuppressants, among other (Sanchez & Demain, 2017), which make them attractive for the discovery of new bioactive molecules with antimicrobial properties.

Given the economic and industrial importance of fungi, the aquatic environment is an important place to expand the discovery of new fungal species and new biological properties (Heo et al., 2019). According to Wurzbacher et al. (2016), freshwater ecosystems are neglected and harbor high microbial diversity. Magwaza et al. (2017), points out that freshwater fungi produce a wide variety of antimicrobial metabolites, which help them to compete against other microorganisms.

Considering the high fungi biodiversity estimates and the notion that only a small fraction of them have been biologically tested for active compounds production, it is evident that there is a great number of bioactive compounds yet to be discovered (Hoeksma et al., 2019). The isolation and identification of new fungal strains are the first steps towards the discovery of new metabolites with antimicrobial activities. This is more imperious for the Amazon region, which has one of the richest biodiversity on the planet but still has insufficient studies to cover all this diversity (Oliveira et al., 2021). In this context, we present an evaluation of antimicrobial and cytotoxic activities of extracts from mycelia of fungi isolated from freshwater samples in the Amazonas state.

2. Methodology

2.1 Fungal material

In this study, 12 fungal strains isolated from freshwater samples collected from aquatic environments in the State of Amazonas were used. The fungal isolates were obtained from the collection of microorganisms at the Laboratory of Bioassays and Microorganisms of the Amazon of the Federal University of Amazonas (LabMicrA/UFAM), registered under the SisGen (National System for the Management of Genetic Heritage and Traditional Knowledge Associated) with the number: AD64E07. All the strains were previously identified up to genus level by LabMicrA through macro and micro morphological analysis of their structures and by rDNA sequence analysis with an internal transcribed spacer (ITS1-5.8S-ITS2).

2.2 Production of fungal extracts

Fungi were reactivated in Petri plates containing PDA+L culture medium (potato, dextrose, and agar, with 0.2% yeast extract), cultivated at 26 °C for eight days. After this period, five fragments of 1 cm² from each fungus culture were inoculated into a 1000 mL Erlenmeyer containing 300 mL of PD+L liquid culture medium under sterile conditions (Souza et al., 2004) and maintained at 26°C, in static mode and in the absence of light.

The cultivation time of each fungus was determined until the glucose level in the culture was consumed. Then, the mycelium was separated from the culture medium by filtration on Whatman paper, n° 4. The mycelial mass obtained was covered with a mixture of ethyl acetate and methanol 1:1 (v/v) and kept in maceration for 48 hours, followed by filtration. This process of extraction was repeated more twice every 24 hours. Afterward, the extracts were combined and concentrated in a rotary evaporator at 45 °C. The samples obtained were kept in a desiccator with activated silica to obtain dry mycelial extracts.

2.3 Antimicrobial assay

To carry out the antimicrobial assay of the mycelial extracts of the studied fungi, pathogenic strains of bacteria and yeasts obtained from the Cefar Diagnóstica (CCCD) collection were used. Yeasts: *C. albicans* (CC 001) and *C. tropicalis* (CC

002) were reactivated in solid medium Sabouraud (SB) agar (Himedia®), at $36 \pm 1^{\circ}$ C for 48 hours. Bacteria: *Staphylococcus aureus* (S 007), *Escherichia coli* (E 004), *Pseudomonas aeruginosa* (P 004), and *Enterococcus feacalis* (E 002) were reactivated in Brain and Heart Infusion (BHI) agar (Himedia®), also at $36 \pm 1^{\circ}$ C, but only for 24 hours.

After reactivation of the pathogens, a pure culture of each strain was transferred to a test tube containing 5 mL of SB broth and BHI broth and kept at 36 ± 1 °C for 24 hours. Then, the concentrations of the colonies to be used in the tests was adjusted to achieve 2.5 x 10^3 CFU/mL for yeast (CLSI, 2002) and 5 x 10^5 CFU/mL for bacteria (CLSI, 2003). The samples of the fungi mycelial extracts were weighed and solubilized at a concentration of 2 mg/mL (stock solution) in 10% dimethyl sulfoxide (DMSO).

For negative control, 10% DMSO solution was utilized, and positive control was performed using antibiotics at a concentration of 2 mg/mL, tetracycline for *E. coli* and *P. aeruginosa*, ampicillin for *S. aureus* and *E. feacalis*, and nystatin for *C. albicans* and *C. tropicalis*.

To determine the antimicrobial activity, a screening of the fungal extracts was initially carried out to verify their effectiveness against the tested pathogens. The screening was performed in 96-well Elisa microplates, where it was added in triplicate, 100 μ L of the culture medium in doubled concentration (2x), 100 μ L of the stock extract solution (2 mg/mL), and 10 μ L of the pathogen cells suspension to be assayed, reaching a final pathogen concentration of 2.5 x 10³ for yeasts and 5 x 10⁵ for bacteria. Finally, the plates were incubated at 36 ± 1 °C for 24 hours. After incubation, 10 μ l of 1% of a revelator, NBT (Nitroblue Tetrazolium) for fungal and TTC (2,3,5-2,3,5-Triphenyltetrazolium Chloride) for bacteria were added to all wells. When microbial growth occurs, the color in the well changes.

With the positive results of the screening, the successive dilution test was performed to determine the minimum inhibitory dosage (MID). In an Elisa plate were added in triplicate, 100 μ L of the extract to the first well, with 100 μ L of the culture medium in doubled concentration (2x). After homogenization, 100 μ L was transferred from the first well to the subsequent one (B1, B2, B3), successively performing the dilutions in each well. The extract concentrations obtained after serial dilutions resulted in eight concentrations ranging from 1 to 0,0078125 mg/mL (CLSI, 2012). The same serial dilution procedure was performed for the positive and negative controls.

Subsequently, 10 μ L of the pathogen cells suspension was added to all wells to achieve the same concentration as in the screening assay above. The plates were incubated at 36 ± 1°C for 24 hours. After this period, 10 μ L of 1% revelators were added: NBT in wells with fungal inoculum and TTC in wells with bacterial inoculum. As a control, 10 μ L of the tested pathogen cells suspension were inoculated on a plate with a solid medium to verify the microbial growth or its absence, being defined as fungicidal or bactericidal the complete absence of microbial growth and fungistatic or bacteriostatic the reduction of microbial growth.

2.4 In vitro cytotoxicity assay

To perform the cytotoxicity assay, the fungal extracts were solubilized in 0.5% dimethylsulfoxide (DMSO) and tested in eight concentrations, from 50 to 0.39 μ g/mL. The VERO strain (ATCC® CCL-81TM) utilized was acquired from the American Type Culture Collection, grown in Dulbecco's Modified Eagle Medium (DMEM) (Gibco), and supplemented with 10% inactivated fetal bovine serum (Gibco) and penicillin (50 μ g/ml). All tests were performed in triplicate.

Assays were determined by the Alamar Blue method according to Ahmed et al. (1994). The cells suspension was plated at a concentration of 1.0 x 10^4 cells/well in 96 well Elisa plates and treated with extracts at the determined concentrations, totalizing a final volume of 200 µL. The plates were kept in a CO² incubator for 24 hours with 5% CO² at 37 °C. After this period, 10 µL of 0.4% resazurin (diluted 1:20) was added to each well and the Alamar BlueTM (Sigma-Aldrich)

metabolization time of 2 hours was awaited. Fluorescence was monitored in a microplate reader (GloMax® Explorer) with emission of wavelengths between 580 and 640 nm and an excitation of 520 nm.

The cell growth was used as a positive control, and 0.1% DMSO was used as a negative control. The percentage of cell viability was calculated according to the formula: %Viability= Ft x 100/Fb, where Ft= (cell fluorescence + medium + substance + resazurin) and Fb= (cell fluorescence + medium + resazurin).

The result evaluation was performed according to the criteria established by ISO (2009) - the lower the % viability value, the higher the cytotoxic potential of the tested material. If the viability is less than 70%, the tested sample has cytotoxic potential.

3. Results and Discussion

For the screening assay, all twelve mycelial extracts were tested for antimicrobial activity against six pathogens - two fungi (*C. albicans* - CC 001 and *C. tropicalis* - CC 002) and four bacteria (*S. aureus* - S 007, *E. coli* - E 004, *P. aeruginosa* - P 004, and *E. feacalis* - E 002). No extract showed antibacterial activity and five, representing 41.7% of the tested extracts showed antifungal activity. The active extracts come from five different fungal genera (*Diaporther, Chrysoporther, Aspergillus, Trichoderma*, and *Fusarium*) (Table 1).

N°	Fungal strain	Code LabMicrA	Tested Pathogens					
			S 007	E 004	P 004	E 002	CC 001	CC 002
1	Aspergillus	1283	-	-	-	-	+	-
2	Chrysoporther	1169	-	-	-	-	+	-
3	Cladosporium	1132	-	-	-	-	-	-
4	Cladosporium	1135	-	-	-	-	-	-
5	Cytospora	1098	-	-	-	-	-	-
6	Diaporther	1203	-	-	-	-	+	+
7	Epicoccum	1248	-	-	-	-	-	-
8	Fusarium	1085	-	-	-	-	+	-
9	Fusarium	1280	-	-	-	-	-	-
10	Sorocladium	1266	-	-	-	-	-	-
11	Talaromyces	1244	-	-	-	-	-	-
12	Trichoderma	1136	-	-	-	-	+	-

Table 1. Antimicrobial activity of mycelial fungal extracts isolated from aquatic environments in the State of Amazonas.

LabMicrA - Collection of microorganisms from the Laboratory of Bioassays and Microorganisms of the Amazon of the Federal University of Amazonas. (-) = no antimicrobial activity; (+) = antimicrobial activity. Bacteria tested: *Staphylococcus aureus* (S 007), *Escherichia coli* (E 004), *Pseudomonas aeruginosa* (P 004), and *Enterococcus feacalis* (E 002). Tested fungi: *C. albicans* (CC 001) and *C. tropicalis* (CC 002). Source: Authors.

For the minimum inhibitory dosage (MID) assay, it was observed that five extracts showed fungistatic activity against *C. albicans*, three at a concentration of 1 mg/mL (*Chrysoporther* - 1169, *Diaporther* - 1203, and *Fusarium* - 1085) and two at a concentration of 0,25 mg/mL (*Aspergillus* - 1283 and *Trichoderma* - 1136). The extract of *Diaporther* - 1203 also had fungistatic activity against *C. tropicalis* at a concentration of 1 mg/mL and the extract of *Aspergillus* - 1283 showed fungicidal activity against *C. albicans* at a concentration of 1 mg/mL (Table 2).

	Fungal strain	Code LabMicrA	ATMA	Tested Pathogens		
			_	Candida albicans (CC 001)	Candida tropicalis (CC 002)	
Î	Aspergillus	1283	+	0,25	-	
)m			++	1	-	
(mg/mL)	Chrysoporther	1169	+	1	-	
ts (++	-	-	
extracts	Diaporther	1203	+	1	1	
xtı			++	-	-	
	Fusarium	1085	+	1	-	
b n g			++	-	-	
Fungal	Trichoderma	1136	+	0,25	-	
			++	-	-	

Table 2. Identification of the minimum inhibitory dosage (MID) of mycelial extracts of fungi isolated from aquatic environments in the State of Amazonas against *Candida albicans* and *C. tropicalis*.

LabMicrA - Collection of microorganisms from the Laboratory of Bioassays and Microorganisms of the Amazon of the Federal University of Amazonas. ATMA - antimicrobial activity: (+) fungistatic, (++) fungicidal, and (-) without activity. Source: Authors.

In studies investigating metabolites with antifungal activity, an extract having a MIC value of 0,1 - 1 mg/mL is considered an effective or significant extract (Simões et al., 2009; Kholoujini et al., 2019). They are called fungicides, extracts capable of causing death of fungus, and fungistatic extracts, those that promote the inhibition of microbial growth (Perussi, 2007). Therefore, five of the mycelial extracts evaluated in this study can be considered extracts with antimicrobial potential.

Diaporthe – 1203 mycelial extract did not show activity against bacterial pathogens. However, it was the only extract with activity against more than one pathogen, showing fungistatic activity against *C. albicans* and *C. tropicalis*. In the study by Dos Reis et al. (2019), *Diaporthe* extracts also showed antifungal potential, inhibiting the growth of different *Candida* species. Different results were found by Moreira et al. (2020), in a study in which the fungus *Diaporthe* showed promising antimicrobial activity against *S. aureus* and *E. coli* but no activity against *C. albicans*. Fungal species of the *Diaporthe* genus are commonly studied for their ability to generate metabolites with diverse biotechnological applications (Flores et al., 2013; Moreira et al., 2020). Yenn et al. (2017) isolated a new compound (3-hydroxy-5-methoxyhex-5-ene-2,4-dione) with fungicidal activity against *C. albicans* from a *Diaporthe* strain.

Aspergillus - 1283 mycelial extract showed the best performance in the antimicrobial test, despite also not presenting antibacterial activity. The strain demonstrated fungistatic and fungicidal activity against *C. albicans*. The results obtained are similar to those found by Sakhri et al. (2019), in which an *Aspergillus crebe* strain exhibited only antifungal activity when evaluated against the pathogens: *E. coli, P. aeruginosa, C. albicans*, and *C. glabrata. Aspergillus* genus has a worldwide distribution and contain a large number of species, which stands out for producing a range of natural products with biological activities (Lotfy et al., 2018), such as asperlicin, echinocandin B, and fumagillin isolated from *A. alliaceus, A. nidulans*, and *A. fumigatus* which are used as antifungal, angiogenesis inhibitor, and antiparasitic, respectively (Bracarense & Takahashi, 2014).

Trichoderma – 1136, *Chrysoporthe* – 1169, and *Fusarium* – 1085 mycelial extracts showed only antifungal activity against *C. albicans*. In former reports, *Trichoderma* species were reported for producing metabolites with activities against different microbial pathogens (Saravanakumar et al., 2018). Chrysoporthe sp. exhibited strong antibacterial activity against *E. coli* and *S. aureus* (Nirma et al., 2015); and *Fusarium* species produced metabolites with activities against microbial pathogens (Sibero et al., 2019). Besides, from *F. larvarum*, an antifungal compound active against *C. albicans* and a wide range of pathogenic fungi was isolated, called Parafungin (Harvey et al., 2015).

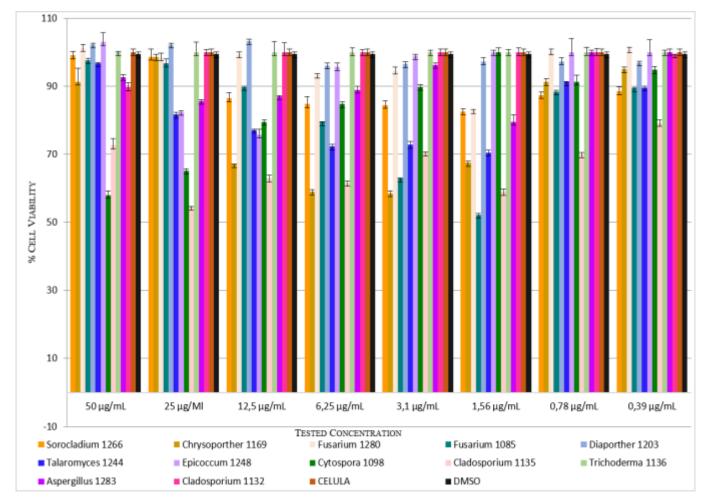
There is a growing demand for new antibacterial and antifungal compounds due to the constant increase in the number of people with health problems caused by pathogenic microorganisms resistant to existing antimicrobials (Xu et al., 2015; Sanchez & Demain, 2017). Fungal infections are considered a serious complication of immunosuppression and are associated with substantial utilization of health services and high mortality rates (Sharma & Chowdhary, 2017).

Microorganisms of the *Candida* genus are the main agents that cause fungal infections in the bloodstream, known as candidemia. It causes mortality rates varying from 15 to 35% and increases the period and costs of hospitalization, making the disease a serious public health problem, especially in developing countries (Canela et al., 2021). *C. albicans* and *C. tropicalis* are found in the microbiota of the reproductive and gastrointestinal mucosa, living symbiotically in about 50 -70% of healthy individuals (Megri et al., 2020). However, these strains can become pathogenic through changes in the environment or in individuals with weakened immune systems (De Barros et al., 2018). *C. albicans* is known as the most prevalent cause of candidemia and *C. tropicalis* is the second most prevalent species in Brazil (Wille et al., 2013; Arastehfar et al., 2020).

According to Kholoujini et al. (2019) there are a small number of studies carried out in search of compounds with antifungal activity compared to the number of studies investigating antibacterial compounds. Considering the increase of fungal diseases, it is relevant to perform more research with this emphasis. As they are considered an important source of bioactive compounds, fungal have been important sources in the pursuit for new antibacterial and antifungal compounds (Sathi et al., 2015; Xu et al., 2015; De Medeiros et al., 2018).

The cytotoxicity assay against VERO cells, according to the criteria established by ISO (2009), showed that 58.3% of the extracts evaluated in this study had no significant toxic effect on cell viability (Figure 1). Of the twelve fungal mycelial extracts, five (41.7%) showed cytotoxic potential, with cell viability less than 70%. They belong to the strains *Cladosporium* - 1135, *Chrysoporther* - 1169, *Cytospora* - 1098, *Fusarium* - 1085 and *Talaromyces* - 1244.

Figure 1. Cytotoxicity of mycelial extracts of fungi isolated from aquatic environments in the State of Amazonas on VERO cells (ATCC® CCL-81TM).



Controls: positive (Cell) and negative (DMSO). Source: Authors.

Saravanakumar et al. (2018) emphasizes that metabolites extracted from fungi in some cases can be naturally toxic, so it is essential to investigate the toxicity of extracts of fungal origin, considering that one of the most important steps during the development of a new drug is the absence of cellular cytotoxicity (Kholoujini et al., 2019). In the present study, considering the five active fungal mycelial extracts only *Chrysoporther* – 1169 and *Fusarium* – 1085 showed cytotoxic potential against VERO cells. The other active extracts in the antimicrobial assay showed no cytotoxicity.

4. Conclusion

The present study revealed that mycelial extracts from five fungal strains isolated from water samples from the Amazon region, present antimicrobial activity against *C. albicans*, being one of them also active against *C. tropicalis*. Among them, only two strains showed cytotoxic potential on VERO cells. The data generated in this study contribute to the knowledge of the antimicrobial and cytotoxic activities of fungi obtained from water samples from the Amazon region. However, further studies aimed at the isolation and identification of bioactive compounds are needed.

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