# Double trouble: First degree-atrioventricular block and concealed ventricular preexcitation

Duplo problema: Bloqueio atrioventricular de primeiro grau e pré-excitação ventricular oculta Doble problema: Bloqueo atrioventricular de primer grado y preexcitación ventricular oculta

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## Abstract

This article aims to present a case report of a canine patient with first-degree atrioventricular block and occult ventricular pre-excitation. A 9-year-old male dog, was referred for cardiological evaluation for suspected heart failure. The physical examination revealed a regular heart rhythm, loud holosystolic murmur over the left apex of the heart, accompanied by systolic thrill. Systolic blood pressure was 140 mmHg. The chest X-ray showed evidence of severe cardiomegaly and pulmonary edema, compatible with congestive heart failure. The echodoppler examination demonstrated presence of severe mitro-tricuspid insufficiency and enlargement of the four cardiac chambers. Serial electrocardiographic examination revealed presence of first-degree atrioventricular block concomitant with occult ventricular pre-excitation. To the best of our knowledge, the combination of such different electrocardiographic abnormalities wasn't reported before in a canine patient.

**Keywords:** Accessory Pathway; Atrioventricular Block; Heart Failure; Ventricular Preexcitation; Wolff-Parkinson-White; Dog.

#### Resumo

Este artigo tem como objetivo apresentar um relato de caso de um paciente canino com bloqueio atrioventricular de primeiro grau e pré-excitação ventricular oculta. Um cão macho, com 9 anos de idade, foi encaminhado para avaliação cardiológica por suspeita clínica de insuficiência cardíaca. O exame físico revelou ritmo cardíaco regular, sopro holossistólico na altura do ápice do lado esquerdo do coração, acompanhado de frêmito sistólico. A pressão arterial sistólica foi aferida em de 140 mmHg. A radiografia de tórax evidenciou cardiomegalia severa e edema pulmonar, sendo compatível com insuficiência cardíaca congestiva. O exame ecodopplercardiográfico demonstrou a presença de insuficiência mitro-tricúspide e aumento das quatro câmaras cardíacas. O exame eletrocardiográfico seriado permitiu identificar a presença de bloqueio atrioventricular do primeiro grau concomitante com e pré-excitação ventricular oculta. Tanto quanto sabemos, a associação dessas diferentes alterações eletrocardiográficas ainda não havia sido descrita antes em um paciente canino.

**Palavras-chave:** Via Acessória; Bloqueio Atrioventricular; Insuficiência Cardíaca; Pré-Excitação Ventricular; Wolff-Parkinson-White; Cão.

#### Resumen

Este artículo tiene como objetivo presentar un caso clínico de un paciente canino con bloqueo auriculoventricular de primer grado y preexcitación ventricular oculta. Un perro macho de 9 años fue remitido para evaluación cardiológica por sospecha clínica de insuficiencia cardíaca. Al examen físico se observó ritmo cardíaco regular, soplo holosistólico a la altura del ápex del lado izquierdo del corazón, acompañado de frémito sistólico. La presión arterial sistólica se midió en 140 mmHg. La radiografía de tórax mostró cardiomegalia severa y edema pulmonar, compatible con insuficiencia cardíaca congestiva. El examen ecocardiográfico Doppler demostró la presencia de insuficiencia mitrotricúspide significativa y agrandamiento de las cuatro cámaras cardíacas. El examen electrocardiográfico seriado permitió identificar la presencia de bloqueo auriculoventricular de primer grado concomitante con preexcitación ventricular oculta. Hasta donde sabemos, la asociación de estos diferentes cambios electrocardiográficos aún no ha sido descrita en un paciente canino.

**Palabras clave:** Vía Accesoria; Bloqueo Atrioventricular; Insuficiencia Cardíaca; Preexcitación Ventricular; Wolff-Parkinson-White; Perro.

# **1. Introduction**

Ventricular preexcitation (VP) is a term used to define an electrocardiographic disorder in which the electrical impulse generated in the sinus node or atrium actives part of the ventricular myocardium earlier than the normal through an accessory atrioventricular pathway, bypassing the atrioventricular node. Then, the ventricle is depolarizated by two wavefronts: the normal and the anomalous, resulting in a hibrid QRS complex that is a fusion beat between normal and abnormal ventricular activation, whose configuration depends on the contribution of each of the both wavefronts (Goldwasser, 2009; Wellens, Brugada & Penn, 1987; Tilley & Smith Jr., 2016).

Accessory atrioventricular pathway (AP) is a bundle of working miocardial cells (Kent fibers) that directly connects the atria to the ventricles. This muscular band was first described in human heart by Stanley Kent more than one century ago (Kent, 1893). Actually, it is considered a remaining tissue from incomplete development of the atrioventricular fibroskeleton (Melis, Beijerink & Santilli, 2024). So, AP constitutes a congenital anormally that involves the existence of an extra connection capable to conducts the electrical impulse directly from atrium to ventricle (Chhabra, Amandeep & Benham, 2023).

Ventricular preexcitation has been identified in several dog breeds, with male Labrador Retrievers, Golden Retrievers and Boxers mostly affected by the anomaly (Wright et al., 2018; Belachsen et al., 2021; Melis, Beijerink & Santilli, 2024; Santilli et al., 2018).

The clinical significance of VP depends on the frequency and severity of tachyarrhythmia mediated by the AP (Tilley & Smith Jr., 2016). In this case, when VP is accompanied by clinical signs, it constitutes the Wolff-Parkinson-White Syndrome (WPW), while in the absence episodes of tachyarrhithmiyas, is best called Wolff-Parkinson-White pattern, or simply ventricular preexcitation (Chou, 1991).

In dogs, VP can be an isolate condition or may be associated with congenital or acquired heart diseases as Ebstein anomaly, degenerative mitral valve disease and dilated cardiomyopathy (Tilley, 1985), while in cats is hypertrophic cardiomiopathy (Hill & Tilley, 1985).

WPW syndrome seems to be rare in canine population. In fact, according to the classical research at University of Pennsylvania, only one case was identified among 3000 dogs studied, (prevalence of 0,33/1000, or 0,03%), consituting the first report of this syndrome in veterinary medicine (Patterson et al., 1961). Five decades later, at Nandini Veterinary Hospital, in Gujarat, India (Varshney et al., 2013), was found one case among 20.000 dogs (prevalence 0.05/1000) screened for arrhythmias. Subsequently, several cases were reported in the veterinary literature (Belachsen et al., 2021; Hill & Tilley, 1985; Nahas et al., 1998; Santilli et al., 2018; Melis, Beijerink & Santilli, 2024).

Comparativelly, WPW syndrome is more common in humans than in dogs. In a large-scale human population-based study evolving pediatric and adult patients, the occurrence of the syndrome was calculated in  $1 \sim 3/1000$  individuals, corresponding to a prevalence of  $0.1 \sim 0.3$  % (Chhabra, Amandip & Benham, 2023).

Coexistence of atrioventricular block and ventricular preexcitation is more common among people than in dogs, and most cases have been associated with structural heart disease, in witch the combination of both conditions in chindren and in their families, pointed a possible association between both fenomena (Belokon & Barinova, 1984).

Concealed accessory pathway in dogs rarelly is reported in the veterinary literature (Noszczyk-Nowak et al., 2017; Santilli et al., 2006; Wright et al., 2018).

From the best of our knoweledge, the coexistence of concealed ventricular preexcitation combined with first degree atrioventricular block in the canine species wasn't reported to date.

This article aims to present a case report of a canine patient with first-degree atrioventricular block and occult ventricular pre-excitation.

## 2. Methodology

In this case report was used a descriptive-qualitative methodology (Pereira et al., 2018) detailing the clinical, electrocardiographic and imaging findings in a case of ventricular preexcitation associated with a first-degree atrioventricular block in a client-owned dog with advanced heart failure.

For thoracic radiography was used the digital direct radiograph X-Ray System Metron-DVM 7.20 (Epona Tech LCc, Creston, CA 93432). The X-Ray examination included both dorsoventral and right lateral projections. For echocardiographic study was used the Esaote My Lab X-5 Ultrasound System (Esaote S. p.A. Geneva, Italy), following the ACVIM Guidelines For the Diagnosis and Treatment of Myxomatous Mitral Valve Disease in Dogs (Keenne et al., 2019). For electrocardiography was employed the digital computed electrocardiograph system InCardio ® (InPulse Animal Health, Florianópolis-Brazil). The patient was restrained on right lateral recumbency during the procedure, according methology of Willys, Oliveira & Mavropoulou (2019).

## **3.** Case Description

A nine-year-old, 10 kg, intact mongrel dog was referred by the clinician for cardiologic evaluation due to cough, intolerance to exercice and cardiac murmur.

On physical examination the heart rhythm was regular, 140 bpm. Systolic blood pressure was 130 mmHg and cardiac auscultation demonstrated loud holosystolic murmur, accompanied by systolic fremitus at the left cardiac apex.

The electrocardiogram revealed wide P waves, considered sinus in origin since was positive on the frontal plane, and first-degree atrioventricular block. The QRS complexes were prolonged, accompanied by secondary ventricular repolarization changes, resembling left bundle block (Figure 1).



## Figure 1 - Seven-lead computed eletrocardiograma.



The rhythm is predominately regular, average heart rate 146 bpm. The P waves show positivity in leads II, III and aVF, consistent with sinus origin. Each P wave was followed by a QRS complex, with a fixed although P-R interval of 166 ms (reference 60-130 ms).

The transthoracic echocardiogram revealed biatrial and biventricular enlargement, while the collor doppler study demonstrated mitral and tricuspid thickening, accompanied by significant valvular regurgitation (Figure 2), characterizing atrioventricular volume overload associated with degenerative mitral valve disease.



Figure 2 - Bidimensional four-chamber echocardiogram.

Source: Authors.

This echocardiographic figure demonstrates significant mitral and tricuspid insufficiency.

On thoracic X-ray examination was observed cardiomegaly, trachea displaced dorsally and pulmonary congestion (Figure 3).



Figure 3 - Wright lateral radiographic projection.



In Figure 3 note the severe cardiomegaly (VHS 12,94), tracheal bending dorsally and pulmonar edema.

The dog started to receive Pimobendan 3,3 mg/TID; Benazepril 4mg/SID; Coenzime Q10- 20 mg/BID; Sildenafil 22 mg/TID; Diltiazen 6 mg/BID, Amiodarone 100 mg/BID and Aminophiline 100 mg/BID.

On reevaluation five months later, a second electrocardiogram (Figure 4) showed identical alterations seen in the first ECG, although with longer PR interval (208 ms), configuring presence of first-degree atrioventricular block. Also, was noted positive QRS complex in D2/D3/aVF with delta wave, typical of manifest ventricular preexcitation. The rS pattern in V1 and positiv delta wave in D2/D3/aVF were consistente with right anterior AP, as previously described elsewere (Santilly et al., 2007; Perego et al., 2023).





ECG tracing depicting sinus rythm and first-degree atrioventricular block. QRS complexes duration of 86ms (reference <70 ms). Sluring upstrock on initial part of the R wave ( > schown in the figure) in D2-D3-aVF (delta wave) and rS

Source: Authors.

in V1, were consistent with Wolff-Parkinson-White pattern of preexcitation, mediated by right antero-lateral atrioventricular pathway. Noteworthy is that duration of P, P-R and QRS is longer than seen on the first ECG.

## 4. Discussion

Herein, we highlight a rare case of concealed accessory pathway combined with first-degree atrioventricular block in a dog with advanced heart failure.

In humans, coexistence of atrioventricular block and Wolff-Parkinson-White is not uncommon, since several cases have been reported in children and adults, mostly associated with certain structural heart deffects, as hypertrophic cardiomyopathy, discordant atrio-ventricular connections, ventricular septal deffect and Ebstein's malformation (Sigfusson et al., 1996; Toulboul et al., 1984). In the veterinary literature, such electrocardiographic combination was not reported before.

However, specifically in relation to concealed accessory pathway canines, a small number of cases was reported (Atkins et al., 1995; Sherlag et al., 1993). In this situation, the accessory pathway is called concealed because, unlike the classical WPW pattern, there is no evidence of ventricular pre-excitation during sinus rhythm (Scherlag et al., 1993), as observed on the first electrocardiogram. Then, the diagnosis of ventricular preexcitation may be challenging or even impossible when anterograde conduction via the AP is intermittent or no evident, as presumable occurred with our patient on the first electrocardiogram. In fact, not always ventricular preexcitation is aparent in a surface ECG, because sometimes is necessary slowing atrioventricular conduction for ventricular preexcitation to be manifested (Latner et al., 2023; Scherlag et al., 1993; Liu, et al., 2001). This probably was the case of our patient in witch the first ECG showed sinus rithm and first-degree atrioventricular block but not delta-waves. However, preexcitation become evident in a subsequent ECG (Figure 4), when the patient have been medicated with amidarone and diltiazen, drugs capable to decrease sinoatrial automaticity and AV nodal conduction velocity (Florek, Lucas & Girzadas, 2023).

## **5.** Conclusion

This case report documented the ocurrence of ventricular preexcitation and concealed accessory pathway associated with first-degree atrioventriculatr block. To the best of our knowledge, this is the first report of a combination of such electrocardiographic abnormalities in a canine patient.

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